



**Bethany CE Junior School**

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November 2025

Dear Parents and Carers of Y5 & 6,

**AFC Bournemouth Community Sports Trust** are running a number of workshops to schools across the Bournemouth, Poole and Christchurch area.



They will be delivering these workshops to our Year 5 and Year 6 pupils during our assemblies. The topics covered and dates are as follows:

**Respect - November 12<sup>th</sup>**  
**No room for racism- November 19<sup>th</sup>**  
**Mental health and wellbeing- November 26<sup>th</sup>**  
**Safer kids Online- December 3<sup>rd</sup>**

A little more about the workshops....

### Respect

The Respect and Citizenship workshop looks at how children's love for sport and football and AFC Bournemouth can be linked to help encourage positive behaviour.

The lesson touches on both respectful and disrespectful behaviours in everyday life, before taking a more in-depth look at respect within football, illustrated through presentations and videos.

Project sponsor, Goadsby, have also created workshop booklets which are given to Primary School pupils to aid their learning within the subject. The booklets include fun activities and games, whilst also showing examples of how we can show respect in football.

The lesson encourages the pupils to share ideas within small group discussions, whilst inspiring them to demonstrate positive and respectful behaviours within the classroom.

The final task for the children is to create a poster, demonstrating why respectful behaviour is as important as ever.

### No room for racism

Educating young people about diversity and anti-discrimination.

### Mental Health and wellbeing

This workshop focuses on improving well-being and maintaining a healthy body and mind. Students will also learn the importance of setting achievable goals for the future and the importance of seeking help when they need it.

### Safer Kids online

This lesson, supported by ESET UK, educates young people on how to remain safe whilst using the internet. It addresses the children's most common uses of the internet and develops on the safety features and age ranges for each of these different applications and websites.

This lesson touches on keeping your profiles secure, as well as what content you should keep private and not share with others online.

Towards the end of the lesson, the children will look at different scenarios which they may face online, looking at how the participants would deal with each individual situation.

In addition, the children will complete workbooks, with some top tips on privacy settings, alongside completing a wordsearch, poster and mix and match definition task.

Yours sincerely,

A handwritten signature in black ink that reads "Woodward". The signature is written in a cursive style with a large, prominent 'W' at the beginning.

Mr L Woodward  
Headteacher